



FALL 2016 LAP POOL SCHEDULE

September—December 2016

LAP POOL HOURS

Monday— Friday 5:45am - 8:30pm

Saturday 8:00am - 5:30pm

Sunday 1:00pm - 5:30pm

CLOSED FRIDAYS 8AM—12PM DUE TO MAINTENANCE

Lane	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	8:30-10:30 am USA Swim Team
2	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	8:30-10:30 am USA Swim Team
3	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	8:30-10:30 am USA Swim Team
4	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	4:30—6:30 pm USA Swim Team 6:30 – 7:30 pm Swim Clinic	4:30—6:30 pm USA Swim Team	
5						
6						
7	5:00—6:00 pm Water Aerobics	5:00—6:00 pm Water Aerobics	6:30—8:30 pm How to Roll a Kayak	5:00—6:00 pm Water Aerobics		
8	5:00—6:00 pm Water Aerobics	5:00—6:00 pm Water Aerobics	6:30—8:30 pm How to Roll a Kayak	5:00—6:00 pm Water Aerobics		

Hours are subject to change due to Recreation Center Programs - Check with front desk for upcoming programs